

# Crock Pot Corned Beef

*This easy Instant Pot Corned Beef and Cabbage recipe, made with beef brisket, cabbage and carrots comes out so tender and delicious! Perfect for St Patrick's Day!*

## Ingredients

- 2 pounds trimmed, lean corned beef brisket
- 3 medium carrots, peeled and cut into 1-in
- 1 cup frozen pearl onions
- 1/4 cup chopped fresh parsley
- 2 bay leaves
- 1/8 tsp whole peppercorns
- 1 medium head cabbage, cut into 6 wedges



## Instructions

- In a 5-6 qt crock pot, place brisket, carrots, pearl onions, parsley, bay leaves, peppercorns and 3 cups of water.
- Cover and cook on high 4 hours.
- Add cabbage, cook on high 1 hour 20 minutes more.
- Remove meat, slice and serve with by itself or with a mashed cauliflower. Enjoy!